



1. Lido Hotel (inside the lido)

- **Starbucks:** Ground floor. Back entrance of the hotel.
- **Bowling Alley:** Fees Apply. 2nd floor. Go up the escalator at the end of the hall from the Apple Computer Store.
- Pool table and fust ball table in the bowling alley. Fees apply.
- Fitness Center: Ground floor.
- Swimming pool: Ground floor.
- **Delicatessen:** Ground floor near Starbucks. Sandwiches and drinks.
- **Baskin Robbins:** Ground floor near Starbucks.
- **Nick's Mart:** Western & Asian food store. Exit the hotel at the Starbucks entrance. Turn left.
- Bank of China: Ground floor in the center of the hotel.
- Post Office: Ground floor in the center of the hotel.
- Apple Computer Store: Ground floor in the center of the hotel.
- Eric's Hair Salon: At the end of the hall from the Apple Computer Store.
- **Watson's Pharmacy:** Ground floor near Starbucks.
- **Restaurants.** Note: Hotel restaurants are significantly more expensive.
 - **Tex Mex:** Ground floor down the hall from the Apple Computer Store.
 - **Taj Indian:** 2nd floor up the escalators at the end of the hall from the Apple Computer Store.
 - **Thai:** 1st floor up the escalator at the end of the hall from the Apple Computer Store.
 - **Pure Lotus Vegetarian:** 2nd floor up the escalators at the end of the hall from the Apple Computer Store.
 - **Muga Japanese:** Exit the hotel at the Starbucks entrance. Walk around the outside of the building to the right.

2. Sunny Gold Street Market

Typical Chinese market. Sells clothing, bags, electronics, sunglasses, Jewelry, DVD's etc.
Bargaining is a must. Cut their initial price by a 1/3.



MORE PLACES TO GO AROUND THE LIDO AREA



3. Hai Run

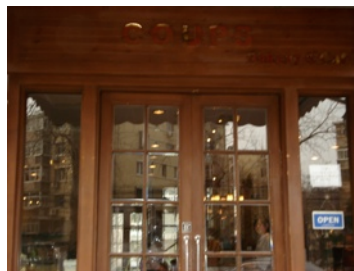
Row of shops and restaurant. Details below. Shops In orders from left to right if looking at it.



- Tom's Embroidery (DVD) Go through to the back and down the stairs to the best DVD shop around.

- Sonne Restaurant- German bakery with an excellent menu, English speaking waiters and decent prices.

- Jenny Lou's- Western style supermarket with imported and local products. Western prices.



- Starbucks coffee.

- Coups Bakery- Bakery and coffee shop. Reasonable prices. Decent Menu

- Tex-Mex American style Tex-Mex. Good burger and fries. Western Pries.

4. Annie's Italian Restaurant

Annie's is an Italian restaurant that has relatively cheap prices.

5. Tai Pan massage place

Tai Pan is a spa that offers foot, body, head and neck, stone and oil massages. Prices are more expensive than local Chinese places but the quality is higher.

6. A Home Away from Home (Chinese restaurant)

Home away from home is a small home-style Chinese restaurant that offers local Chinese food. They have English menus and prices are cheap.

7. Sichuan Chinese Restaurant

Sichuan style food at cheap prices. Offering English menus and English speaking waiters.

8. 24 hour supermarket (10 minute walk from Lido)

Small Supermarket containing imported products. Open 24 hours.

9. Small DVD shop

Small DVD shop. Most DVD's are 8 RMB (10 minute walk from lido)

12. Fancy Restaurant (Italian) (15 minute walk from Lido)

Italian Restaurant. Reasonable prices. Contains a pool table and outdoor seating.

13. Paris Baguette (15 minute walk from Lido)

Small bakery and coffee shop.

14. Franks (Casual Restaurant/ sports bar/ outdoor seating)

Sports bar / casual restaurant. Western Prices. Contains pool table, big screen and outdoor seating.



15. Thai Thai

Thai restaurant with reasonable prices.

16. Leisure Park

Big park with grass space. Nice place for a walk and to see a bit of Chinese culture.

17. DVD shop and indoor market

Small DVD shop and indoor typical Chinese market.

18. Beijing United Family Hospital

Western hospital.